NEW COVID RULES

- 1. The pool will operate 10am-8pm with the day broken up into 5, 2-hour time slots. Each slot lasts for 1 hour and 45 minutes. The remaining 15 minutes of the slot will be used for the guards to clean all tables, chairs, and bathrooms.
- 2. Each 2-hour time slot permits 20 residents. Residents must sign the waiver prior to EACH visit to the pool and then sign up via SignUp Genius to reserve the spot.
- 3. The first time slot (10am-12pm) is reserved ONLY for at-risk people and lap swimmers.
- 4. The waiver must be filled out by adults and by the parents/guardians for kids. The waiver must be filled out prior to EACH visit to the pool.
- 5. Kids under the age of 13 are NOT permitted without parental supervision. Kids 13 and over may use the pool unattended but must have the proper waiver form signed and have a reserved slot. Babysitters are NOT permitted. Kids MUST be accompanied by parents/legal guardians.
- 6. Patrons who reserved their spot must arrive at the pool exactly on time and wait in line 6 feet apart until the lifeguard lets you in. The pool will be locked after entry and those who arrive late will NOT be permitted entry. Patrons will be asked to vocally identify themselves and if they are not on the guard's list, they will not be permitted to enter.
- 7. Patrons may leave early from their time slot, but they are NOT permitted re-entry.
- 8. ONLY residents and owners are allowed to use the pool this summer. Guests are NOT permitted.
- 9. The Clubhouse is off limits to pool. The lockers and showers are CLOSED for the season. An outdoor shower will be provided. Patrons are expected to change at home and come prepared to the pool. Porta potties and hand sanitizer stations are being provided adjacent to the pool
- 10. Nagog is putting in place a restriction on food items in order to reduce trash and spread of germs and bacteria. Non-Alcoholic drinks are ALLOWED in non-glass, reusable containers.
- 11. Patrons must wear masks outside of the water if social distancing is not attainable and remain socially distant from others both in and out of the water except for with household members.

- 12. No pool equipment or furniture from home is permitted with the exception of Coast Guard Approved flotation devices and swim goggles.
- 13. Contact tracing information will be required on signing into the pool.
- 14. Any resident that comes down with the virus who has been to the pool is to contact management immediately. Their information will be kept strictly confidential.

THE FOLLOWING STANDARD RULES STILL APPLY

Nagog Woods Swimming Pool Rules

- 1. The lifeguards have complete control of the pool areas and have authority to enforce all rules pertinent to safe pool use including limiting the activities of anyone violating these rules. Anyone noting a violation of these rules should report the violation to the lifeguard.
- 2. SHOWERS MUST BE TAKEN PRIOR TO ENTERING THE POOL AND RESTROOMS MUST BE USED FOR EXCRETION. DO NOT USE THE POOL FOR THIS PURPOSE!!
- 3. Pool Usage: Use of the pool and surrounding area is restricted to Nagog RESIDENTS ONLY.
- 4. Kids under the age of 13 are NOT permitted without parental supervision. Kids 13 and over may use the pool unattended but must have the proper waiver form signed and have a reserved slot. Babysitters are NOT permitted. Kids MUST be accompanied by parents/legal guardians.
- 5. The lifeguards will be provided with an up-to-date listing of all Village residents. If your name does not appear on this list, you will be turned away at the pool gate. It is the resident's responsibility to make sure that the management office has an accurate listing of each unit occupant. Please notify the office if your name does not appear on the listing.
- 6. All persons using the pool shall comply with the Massachusetts health regulations.
- 7. NO GLASS OF ANY KIND IS PERMITTED IN THE POOL AREA. ALL TRASH MUST BE DEPOSITED IN GARBAGE CANS.
- 8. No pets are permitted in the pool area.
- 9. Lifeguards MUST BE IN ATTENDANCE as required by applicable Town and State authorities. IF THERE IS NO LIFEGUARD, THE POOL AREA WILL BE CLEARED AND CLOSED!!!!
- 10. Transistor radios, audio, CD and other electronic equipment may not be operated in the pool area without earphones.

- 11. FOUL LANGUAGE, SPITTING, RUNNING, PUSHING AND HORSEPLAY ARE NOT PERMITTED IN THE POOL AREA. THERE WILL BE ONLY ONE WARNING. THE SECOND OFFENSE WILL LEAD TO LOSS OF PRIVILEGES FOR ONE DAY. THE THIRD OFFENSE WILL RESULT IN THE LOSS OF PRIVILEGES FOR THE SEASON. THERE IS ABSOLUTELY NO DIVING IN THE SHALLOW END OF THE POOL.
- 12. CHILDREN THAT ARE NOT TOILET TRAINED ARE NOT PERMITTED IN THE LARGE POOL. Parents are urged not to take non-toilet-trained children into the large pool.
- 13. Swimmers are not to interfere with people who are swimming laps.
- 14. No rafts, inflatables, balls or frisbees are to be used in the pool. Flotation devices for the children are not permitted unless the lifeguard concurs that it is safe. Parents are urged to use full jacket type devices if they wish to use any at all. Small children with float holders should not be allowed in the part of the pool over 3 feet in depth and should not be alone in the pool -- they should be accompanied by a parent at all times.
- 15. ALL CHILDREN, AT THE DISCRETION OF THE LIFEGUARD ON DUTY, (but generally below the age of 13) MUST PASS A "DEEP END" TEST EACH YEAR BEFORE BEING ALLOWED TO SWIM IN THAT AREA OF THE POOL WITH OR WITHOUT AN ACCOMPANYING PARENT. THE TEST IS GIVEN UNIFORMLY BY ALL OF THE LIFEGUARDS AND THE NAMES OF THOSE WHO HAVE PASSED ARE RECORDED FOR THE SEASON. THE TEST MEASURES SWIMMING PERFORMANCE AND CONFIDENCE IN DEEP WATER. THE TEST CONSISTS OF THE FOLLOWING: the swimmer dives or jumps in the water at the deep end and swims the deep end of the pool without hesitation. The child must tread water for a minimum of two minutes, float for 20 seconds, and then swim to the side of the pool. THE TEST MUST BE COMPLETED WITHOUT STOPPING AFTER ENTERING THE WATER.
- 16. The stairs entering the large pool will not be used for sitting or congregating. They provide easy access to the pool and SHOULD NOT BE BLOCKED.
- 17. Chairs must be five feet away from the pool for safety reasons.
- 18. There is NO SMOKING in the pool area or Clubhouse.
- 19. No diving in the shallow end of the pool
- 20. People may not hang onto the lane ropes
- 21. Guards MUST wear proper attire while on the job. Red swimsuits and a guard shirt