

Nagog Woods Swimming Pool Rules

Revised: June 21, 2000

1. The lifeguards have complete control of the pool areas and have authority to enforce all rules pertinent to safe pool use including limiting the activities of anyone violating these rules. They may use their discretion at any time to make any decision that involves the safety of pool guests. Their decisions are to be followed by all pool guests. Anyone noting a violation of these rules should report the violation to the lifeguard.
2. SHOWERS MUST BE TAKEN PRIOR TO ENTERING THE POOL AND REST ROOMS MUST BE USED FOR EXCRETION. DO NOT USE THE POOL FOR THIS PURPOSE!!
3. Pool Usage: Use of the pool and surrounding area is restricted to Nagog RESIDENTS and their guests ONLY.
4. RESIDENT CHILDREN UNDER THE AGE OF 12 MUST BE UNDER THE SUPERVISION OF AN ADULT, OR A RESPONSIBLE CAREGIVER 14 OR OLDER WHO IS AUTHORIZED IN WRITING BY THE PARENT OR LEGAL CUSTODIAN AND RECEIVES THE VILLAGE MANAGER'S APPROVAL.
5. To assist in the familiarization process of lifeguards and residents, the sign-in forms will be placed on a table near the lifeguard. All residents entering the pool area are required to sign-in, indicating name, unit number and name of guests, if any.
6. The lifeguards will be provided with an up-to-date listing of all Village residents. If your name does not appear on this list, you will be turned away at the pool gate. It is the resident's responsibility to make sure that the management office has an accurate listing of each unit occupant. Please notify the office if your name does not appear on the listing.
7. GUESTS MUST BE ACCOMPANIED BY HOST OR HOSTESS AT ALL TIMES EXCEPT WHERE PRIOR ARRANGEMENTS HAVE BEEN MADE WITH THE VILLAGE MANAGER.
8. Guests **under the age of 12** must be accompanied by an adult **and youths 13-16 years** of age may only have **one** guest per day when not supervised by an adult.
9. There is a limit of two guests per unit per day unless prior arrangements have been made with the Village manager.
10. Each single individual may only be a guest a maximum of twice a week. A number of complaints have been made in the past with regard to guests regularly visiting the pool. Residents feel that a limit should be placed on the number of times any single guest may use the pool. Special arrangements must be made through the office for longer term guests.

11. All persons using the pool shall comply with the Massachusetts health regulations.
12. NO GLASS OF ANY KIND IS PERMITTED IN THE POOL AREA. ALL TRASH MUST BE DEPOSITED IN GARBAGE CANS.
13. No pets are permitted in the pool area.
14. Lifeguards MUST BE IN ATTENDANCE as required by applicable Town and State authorities. IF THERE IS NO LIFEGUARD, THE POOL AREA WILL BE CLEARED AND CLOSED!!!!
15. Transistor radios, audio, CD and other electronic equipment may not be operated in the pool area without earphones.
16. FOUL LANGUAGE, SPITTING, RUNNING, PUSHING AND HORSEPLAY ARE NOT PERMITTED IN THE POOL AREA. THERE WILL BE ONLY ONE WARNING. THE SECOND OFFENSE WILL LEAD TO LOSS OF PRIVILEGES FOR ONE DAY. THE THIRD OFFENSE WILL RESULT IN THE LOSS OF PRIVILEGES FOR THE SEASON. THERE IS ABSOLUTELY NO DIVING IN THE SHALLOW END OF THE POOL.
17. CHILDREN THAT ARE NOT TOILET TRAINED ARE NOT PERMITTED IN THE LARGE POOL. Parents are urged not to take non-toilet-trained children into the large pool.
18. Swimmers are not to interfere with people who are swimming laps.
19. No rafts, inflatables, balls or frisbees are to be used in the pool. Flotation devices for the children are not permitted unless the lifeguard concurs that it is safe. Parents are urged to use full jacket type devices if they wish to use any at all. Small children with float holders on should not be allowed in the part of the pool over 3 feet in depth and should not be alone in the pool -- they should be accompanied by a parent at all times.
20. ALL CHILDREN, AT THE DISCRETION OF THE LIFEGUARD ON DUTY, (but generally below the age of 13) MUST PASS A "DEEP END" TEST EACH YEAR BEFORE BEING ALLOWED TO SWIM IN THAT AREA OF THE POOL WITH OR WITHOUT AN ACCOMPANYING PARENT. THE TEST IS GIVEN UNIFORMLY BY ALL OF THE LIFEGUARDS AND THE NAMES OF THOSE WHO HAVE PASSED ARE RECORDED FOR THE SEASON. THE TEST MEASURES SWIMMING PERFORMANCE AND CONFIDENCE IN DEEP WATER. THE TEST CONSISTS OF THE FOLLOWING: the swimmer dives or jumps in the water at the deep end and swims the deep end of the pool without hesitation. The child must tread water for a minimum of two minutes, float for 20 seconds, and then swim to the side of

the pool. THE TEST MUST BE COMPLETED WITHOUT STOPPING AFTER ENTERING THE WATER.

21. The stairs entering the large pool will not be used for sitting or congregating. They provide an easy access to the pool and SHOULD NOT BE BLOCKED.
22. Chairs must be five feet away from the pool for safety reasons.
23. There is NO SMOKING in the pool area or Clubhouse.